



INDIAN ACADEMY OF PEDIATRICS (IAP)

IAP ALS-BLS GROUP

IAP CPR DAY 2026



21st July 2026



“Learn CPR.. Save Lives. Build a **CPR-Ready India.**”

Frequently Asked Questions (FAQs) for CPR Instructors, Course Coordinators & CPR Champions

1. What is National IAP CPR Day?

National IAP CPR Day will be observed on **21st July 2026** as a synchronized nationwide Hands-Only CPR awareness and training initiative coordinated by the IAP ALS–BLS Group.

2. What are the objectives?

- Train at least 100 participants per institution
- Conduct standardized Hands-Only CPR training across India
- Develop Institutional CPR Champions
- Promote evidence-based CPR education based on current scientific recommendations and contextualised to Indian settings

3. Who can organize a National IAP CPR Day programme?

Any IAP ALS–BLS Certified Instructor, Course Coordinator, or CPR Champion, including a health care professional trained in CPR by virtue of their professional obligations, may organise a National IAP CPR Day programme at a suitable venue.

Possible venues include:

- Medical Colleges
- Hospitals
- Nursing Colleges
- Schools/ Colleges & Universities
- Police and Armed Forces Training Centres/ Fire Services/ Disaster Response Services
- Residential societies/ NGOs/ Community organizations
- Media organizations
- Shopping malls and public venues
- Any other organized institution or professional group.

The programme may be conducted in collaboration with the host institution.



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4. How do I join the CPR Day WhatsApp Community?

To ensure smooth coordination and uniform communication, we have created a National IAP CPR Day WhatsApp Community with **State-specific groups**.

All CPR Instructors, CPR Champions, Course Coordinators, and active volunteers participating in National IAP CPR Day 2026 are encouraged to join their respective State WhatsApp Group.

These groups will be used for:

- Official announcements and updates
- Training resources and videos
- Operational guidance
- Course registration support
- State-level coordination
- Sharing best practices and success stories
- Troubleshooting and technical assistance
- Event-day reporting and communication

How can I join?

You may join your State WhatsApp Group through either of the following methods:

Option 1: Complete the CPR Champion Registration Form using the link provided below. You will receive the link to join your respective State WhatsApp Group.



IAP CPR Day: CPR Champion Registration Form

[Register as CPR Champion](#)

Option 2: Contact your State Coordinator, who will add you to the appropriate State group. List of state coordinators with contact details is available on the homepage of www.iapalsbls.com. Alternatively, please send a text to 8872381130/ 7895889173



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Please note: To avoid duplication and maintain streamlined communication, participants are requested to join **only their respective State group**, unless specifically invited to another coordination group by the National Team.

For necessary updates, please join the [Telegram group](#)

5. Who can participate?

The programme is intended for **all members of the community**, including:

- Doctors
- Nurses
- Medical & Nursing Students
- Resident Doctor and Interns
- Paramedics
- Security Personnel
- Police/Armed Forces Personnel
- Fire & Emergency Services
- School/ College Students and Teachers
- Media Professionals
- NGO Volunteers
- Resident Welfare Associations (RWAs)
- General Public



IAP CPR Day Telegram Group

No prior medical knowledge is required for participation in Hands-Only CPR awareness sessions.

6. Who is an IAP CPR Instructor?

An **IAP CPR Instructor** is a healthcare professional who has successfully completed the IAP ALS-BLS Instructor Training Programme and is certified to conduct CPR training programmes under the IAP ALS-BLS Group. IAP CPR Instructors are responsible for:

- Conducting standardized CPR training programmes.





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- Demonstrating correct Hands-Only CPR techniques.
- Mentoring CPR Champions.
- Ensuring adherence to IAP training standards.
- Promoting CPR awareness within their institution and community.

7. Who can act as a CPR Champion?

A **CPR Champion** is any healthcare professional, such as certified CPR/BLS/ALS Providers or any healthcare professional **trained in CPR** as part of their professional obligation, and committed to promoting CPR awareness and supporting National IAP CPR Day.

CPR Champions may include:

- Doctors, Residents, Interns, and Medical students
- Nurses and Nursing Students
- Allied Health Professionals

A CPR Champion is **not required to be an IAP-certified Instructor**, but should work in sync with an IAP CPR Instructor or Course Coordinator.

8. What are the responsibilities of the Course Coordinator?

The Course Coordinator is responsible for ensuring the smooth conduct of the programme as detailed below.

- Obtaining permission from the host institution (where applicable).
- Registering the course on the IAP ALS–BLS website (www.iapalsbls.com).
- Arranging a team of at least one IAP CPR Instructor and 3-5 Local CPR Champions. Our state coordinators will help you to arrange this team.
- Ensuring availability of at least two CPR training manikins (more if available).
- Organizing the venue and participant seating.
- Arranging audiovisual facilities, wherever available.
- Coordinating participant registration and attendance.
- Attend a brief online orientation session before the course date.
- Conducting the programme according to the standard IAP training format.



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- Uploading or submitting the required post-course details for certification and national reporting.
- Sharing course registration details and completion report with the designated State/National coordination team.

9. What is the recommended training format?

Each session will include a pre-decided structured set of knowledge and skills:

- 20–30 minutes of instructor-led or video-assisted demonstration
- Practice While Watching (PWW)
- Hands-Only CPR practice
- Minimum:
 - Adult: 2 cycles of 30 compressions
 - Child/Infant: 2 cycles of 15 compressions
 - Immediate management of severe choking
- Interactive discussion and questions

10. What equipment is required?

Minimum recommended:

- 2 CPR training manikins
- Projector/LED screen (optional but desirable)
- Laptop (if using videos)
- Microphone and speaker (if conducting for a larger group)

11. How many participants should be trained?

Recommended: 100–200 participants per session

If space is limited: Conduct multiple relay sessions during the day.



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12. How long should the programme last?

Typically: 1–2 hours per session

Multiple sessions may be conducted between **9:00 AM and 5:00 PM.**

13. What support will IAP provide?

IAP will provide:

- Standard training videos
- Teaching material
- Assessment checklists
- Nominate a certified IAP CPR Instructor for uniformity and quality.
- Digital certificates to all Instructors, CPR Champions, and Course Participants
- Digital Certificates to Organising Institutes as applicable.
- Technical guidance
- Centralized reporting system

14. What support is expected from the host institution?

The institution should:

- Obtain/provide administrative approval
- Nominate a Medical/Nursing Nodal Officer
- Arrange venue and logistics
- Provide available CPR manikins
- Nominate 3-5 CPR Champions
- Issue an institutional circular encouraging participation

15. How do I register my course?

Every programme should be registered at: www.iapalsbbs.com



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Course Registration Steps

1. Login/Register as Course Coordinator
2. Select Organize a Course
3. Choose Basic Life Support (BLS)
4. Select IAP–Cardiopulmonary Resuscitation Mass Awareness Programme (Sanjeevni)
5. Continue
6. Course Start Date and Time: 21 July 2026, Time as you plan
7. Course End Date and Time: 21 July 2026, Time as you plan
8. Select Other/New Venue
9. Enter New Venue details
10. Participants: 100 (register additional courses if more participants are expected)
11. Course Fee: ₹0
12. Fee Collection Mode: Cash
13. Confirm that the amount payable to IAP is Zero
14. Submit the course

16. What should I do after registering?

Course information will be sent to the State Coordinator/Joint Zonal/Zonal Coordinator, who will approve the course. It is strongly recommended share on your state specific WhatsApp group and Telegram community for quick communication:

- Screenshot of course registration
- Institution name
- City & State
- Course Coordinator name
- Expected number of participants

17. Can I register multiple courses?

Yes. If your institution plans to train more than 100 participants or conduct multiple sessions, register separate courses for each batch.



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18. Will participants receive certificates?

Yes. Digital certificates will be generated upon completion of the programme and submission of the required details for each participant.

19. What should be documented?

Please maintain:

- Attendance of the participants in the provided Google Form/Excel sheet. It will be shared before the program
- CPR Instructor and CPR Champion details
- Group photographs with geotagging
- Short videos (optional)

20. Who should I contact if I need help?

Please contact your **State Coordinator** of the **National IAP ALS–BLS Group** for assistance regarding:

- Course registration
- Training material
- Certificates
- Technical issues
- Operational queries

21. Who will receive a certificate?

All participants who successfully complete the Hands-Only CPR awareness programme and whose attendance is submitted through the prescribed reporting system will receive a digital Certificate of Participation. In addition:

- Course Coordinators will receive a **Course Coordinator Certificate** for organizing the programme.
- IAP CPR Instructors conducting the programme will receive an **Instructor Certificate**.





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- CPR Champions actively assisting in planning and conducting the programme will receive a **CPR Champion Certificate**.
- All participating institutions will receive a Certificate of Appreciation for organizing the program.

Quick Checklist Before 21 July 2026

- ☐ Administrative approval obtained
- ☐ Nodal Officer identified
- ☐ Course registered on www.iapalsbls.com
- ☐ Registration screenshot shared
- ☐ Trainers confirmed
- ☐ CPR manikins arranged
- ☐ Venue booked
- ☐ Participants informed
- ☐ Training videos downloaded
- ☐ Attendance sheets ready
- ☐ Reporting responsibility assigned

Let's work together to make **National IAP CPR Day 2026** a landmark public health initiative and empower thousands with the lifesaving skill of CPR.



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Frequently Asked Questions for Host Institutions

1. Why should our institution participate?

Participation demonstrates your institution's commitment to patient safety, emergency preparedness and community service while strengthening CPR skills among staff and the public.

2. Is there any registration fee?

No.

Participation in National IAP CPR Day and the IAP CPR Mass Awareness Programme is **completely free of cost.**

3. Is it compulsory to train exactly 100 participants?

No.

The recommended target for an individual session is **at least 100 participants**, wherever feasible. Institutions with fewer participants are also encouraged to conduct the programme, while larger institutions may conduct multiple sessions and train many more participants.

4. Can we conduct multiple sessions during the day?

Yes.

Institutions are encouraged to organize multiple relay sessions between **9:00 AM and 5:00 PM** depending on participant numbers, available instructors and venue capacity.



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5. What if we have only one or two CPR manikins?

The programme can still be conducted.

Participants may undergo hands-on practice in smaller rotating groups. Additional relay sessions may be organized if required.

6. Can we collaborate with another institution?

Yes.

Nearby hospitals, medical colleges, nursing colleges, schools or organizations may jointly conduct the programme by sharing instructors, CPR manikins and other resources.

7. Can institutions invite members of the public?

Absolutely.

National IAP CPR Day encourages participation by both healthcare professionals and community members. Institutions may invite schools, police personnel, security agencies, resident welfare associations, NGOs, corporate employees and other organized groups.

8. Is attendance documentation required?

Yes.

Each institution should maintain:

- Participant attendance
- Number of participants trained
- Faculty and instructor details
- Photographs
- Brief event report

These details will be compiled for the National IAP CPR Day report.



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9. Will institutions receive recognition?

Yes. All participating institutions will receive formal acknowledgement from the IAP ALS–BLS Group and a Certificate of Appreciation for organizing the program. Outstanding institutions and organizing teams may also be recognized based on participation, innovation and overall contribution to National IAP CPR Day.

10. Can our institution continue CPR training after 21 July?

Yes. One of the major objectives of National IAP CPR Day is to establish a sustainable network of **Institutional CPR Champions** who will continue organizing CPR awareness and refresher programmes throughout the year.

