



INDIAN ACADEMY OF PEDIATRICS
IAP ALS-BLS GROUP
IAP CPR DAY 2026
21st July 2026



*"Learn CPR.. Save Lives. Build a **CPR-Ready India.**"*

President: Dr Neelam Mohan

General Secretary: Dr Ruchira Gupta

National Convener: Dr Lokesh Tiwari

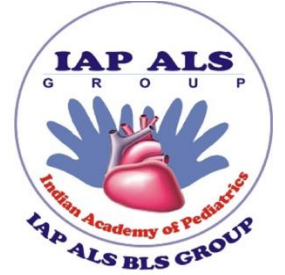
CPR Saves Life!



IAP ALS BLS Group 2026-27



Overview of conducting CPR Mass Awareness Program



Understanding to organize IAP CPR MAP Sanjeevani

Venue management

Video /Demo

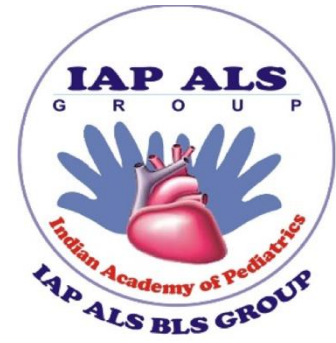
Hands-Only CPR for adults and Infants

Ensure complete data capture





Significance of 21st July



In fond memories of
Late Dr Anand Shandilya

(21/7/1962 – 1/1/2019)

Past National Convener

IAP ALS BLS Group

Teacher to many

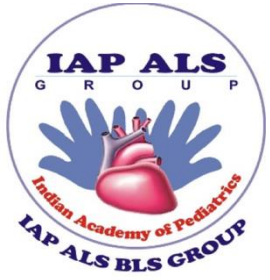
A friend of many more

Human being par excellence

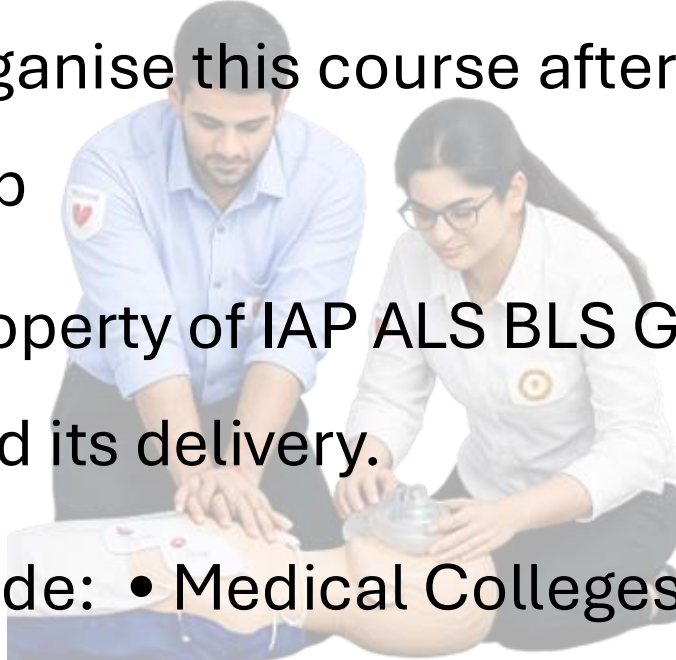




Organizing a CPR awareness program

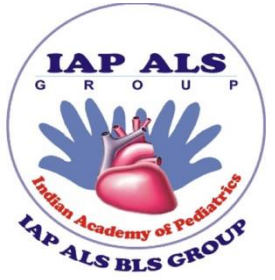


- IAP CPR Instructor, CPR champions, Health care professionals trained in CPR can organise this course after a brief orientation from the IAP ALS BLS Group
- The program is the property of IAP ALS BLS Group and follows strict criteria on content and its delivery.
- Possible venues include: • Medical Colleges • Hospitals • Nursing Colleges • Schools/ Colleges & Universities, Public venues





Organizing a CPR awareness program



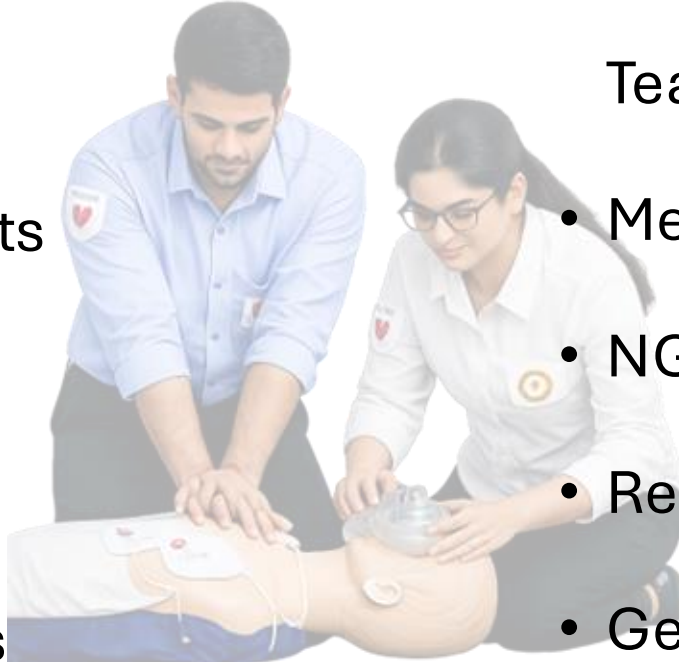
- All Instructors, Coordinators, and CPR Champions have to join the State Specific WhatsApp community group
- Register as a CPR Champion through the QR link.



IAP CPR Day: CPR Champion Registration Form

Who can participate?

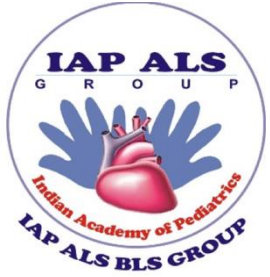
- Doctors, Resident Doctors, Interns
- Nurses, Paramedics
- Medical & Nursing Students
- Security Personnel, Police
- Armed Forces Personnel
- Fire & Emergency Services
- School/ College Students and Teachers
- Media Professionals,
- NGO Volunteers,
- Resident Welfare Associations
- General Public



No prior medical knowledge is required for participation in Hands-Only CPR awareness sessions

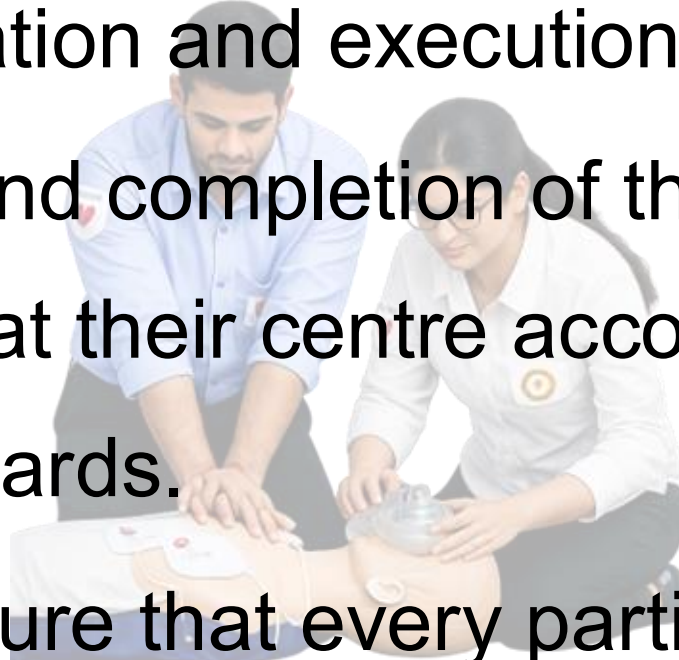


Course Coordinator



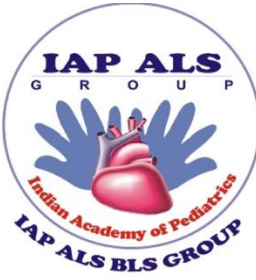
The Course Coordinator is responsible for the successful

- Planning, registration and execution
- Documentation and completion of the National IAP CPR Day programme at their centre according to IAP ALS–BLS Group standards.
- The aim is to ensure that every participant learns CPR, practices it, and becomes a CPR-Aware Citizen.

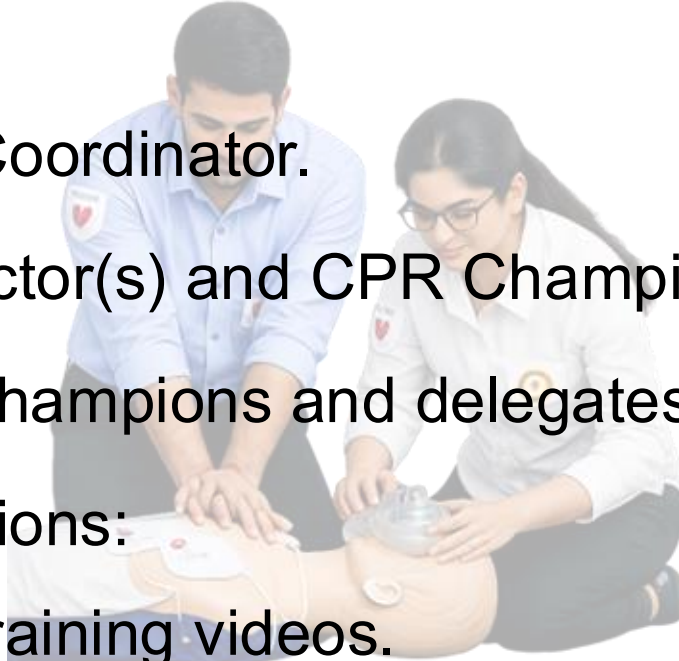


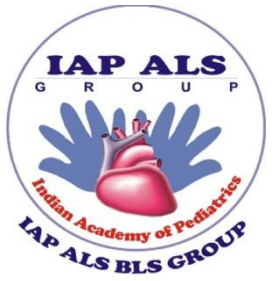


Responsibilities of Course Coordinator (Before Event)



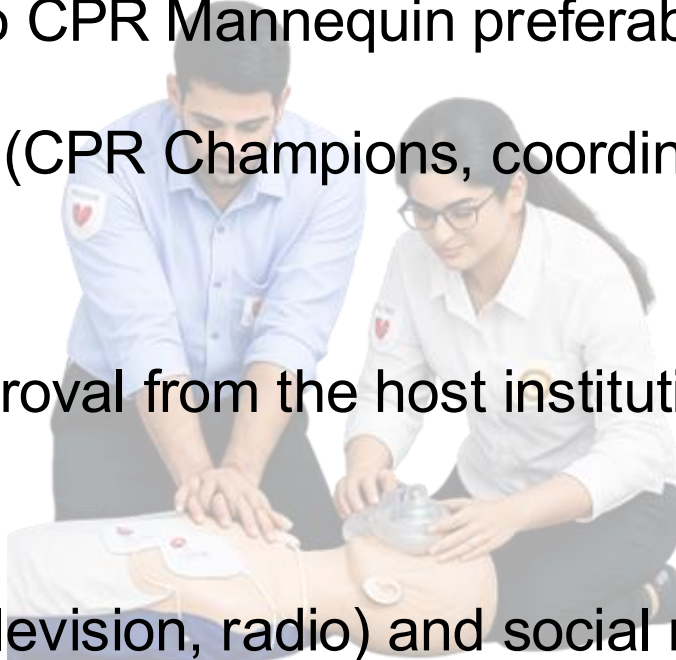
- Register the programme on the IAP ALS–BLS website.
www.iapalsbbs.com
- Coordinate with State Coordinator.
- Ensure IAP CPR Instructor(s) and CPR Champions (3-5)
- Share details of CPR Champions and delegates with the central team
- Ensure all CPR Champions:
 - Watch official CPR training videos.
 - Understand the standard CPR demonstration.
 - Attend the pre-event briefing.





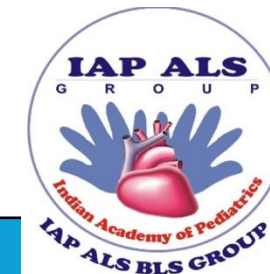
Responsibilities of the Course Coordinator (Before Event)

- Ensure proper venue with AV facilities if possible, Microphone/speaker for large groups, Mannequins (Two CPR Mannequin preferably one adult and one infant)
- Complete documentation (CPR Champions, coordinator and Participant details in excel provided)
- Obtain administrative approval from the host institution/local administration as needed
- In media (newspapers, television, radio) and social media awareness messages (ensure inclusion of core message and official hashtags provided by the national team)

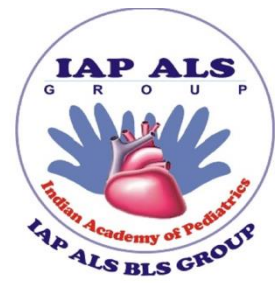




Program MAP- Sanjeevani



Time	Activity	Lead
0-10 min	Welcome Address • Message from Local Coordinator • Message from IAP National President (Video) • Message from IAP General secretary (Video) • Message from National Convener, IAP ALS–BLS–CPR Group (Video)	Lead Instructor
10-25 min	• Recognition of cardiac arrest • Calling for help • High quality CPR • Use of AED • Management of Severe Chocking	Lead Instructor
25–110 min	Hands-on Practical Training of CPR (Skill Stations) • Compression only CPR for Adults • Compression -Only CPR for Infants/children	Lead Instructor & CPR Champions
110-115 Min	Questions & Answer Session	Lead Instructor
115–120 min	Valedictory • Vote of Thanks • CPR Pledge • Group Photograph	Organizing Team



Event Day Responsibilities

Dress Code: All Course Coordinators, IAP CPR Instructors and CPR Champions are
Sky/light Blue Shirt + Dark blue Pants

This will maintain uniformity and professional representation during National IAP CPR Day

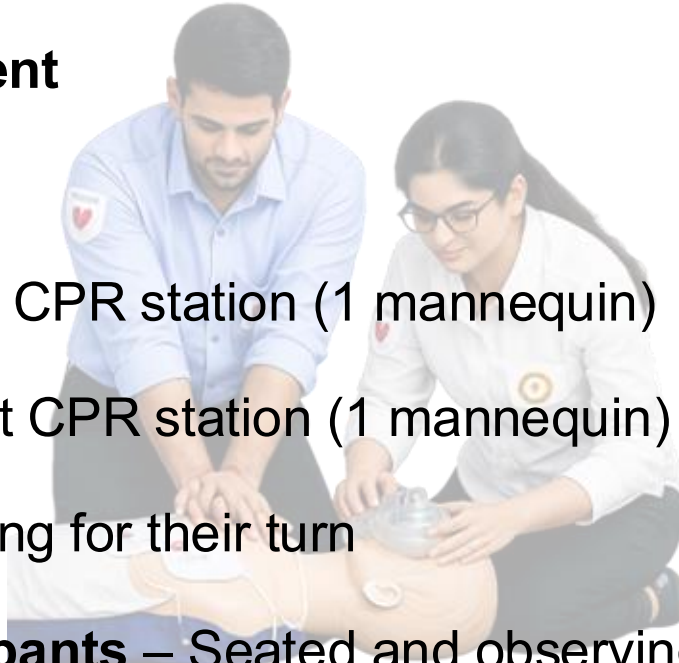
- **Participant Flow Management**

- At any given time:

- **2 participants** – Adult CPR station (1 mannequin)
 - **2 participants** – Infant CPR station (1 mannequin)
 - **2 participants** – Waiting for their turn
 - **All remaining participants** – Seated and observing

- Ensure smooth and timely rotation without delays.

- Parallel stations may run if multiple mannequins are available



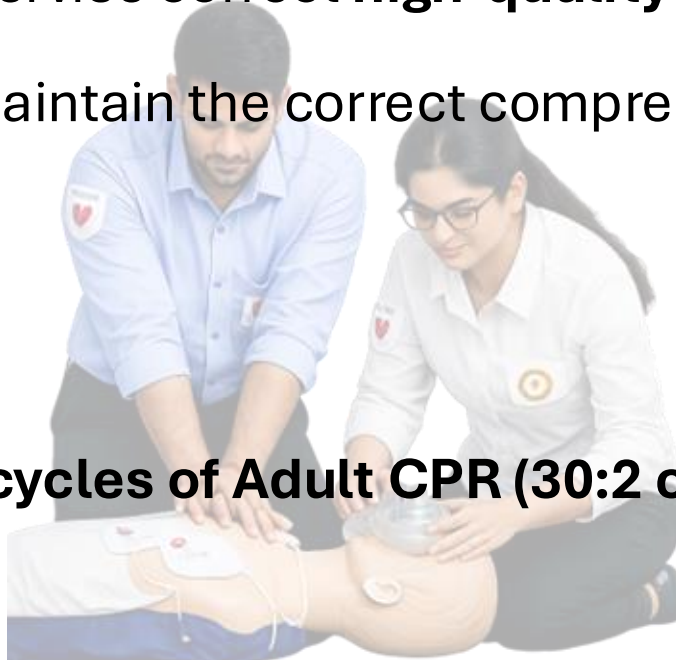
Hands on training

1. Conduct Hand-Only CPR Training

1. Demonstrate and supervise correct **high-quality chest compressions**.
2. Ensure participants maintain the correct compression rate, depth, and full chest recoil.

2. Adult CPR Practice

1. Each pair performs **2 cycles of Adult CPR (30:2 compression-to-ventilation ratio)**.
2. Target completion time: **30–36 seconds** for 2 cycles.
3. Monitor technique and timing throughout the practice



Hands on training

3. Infant CPR Practice

Each pair performs **2 cycles of Infant CPR (15:2 compression-to- ventilation ratio)**

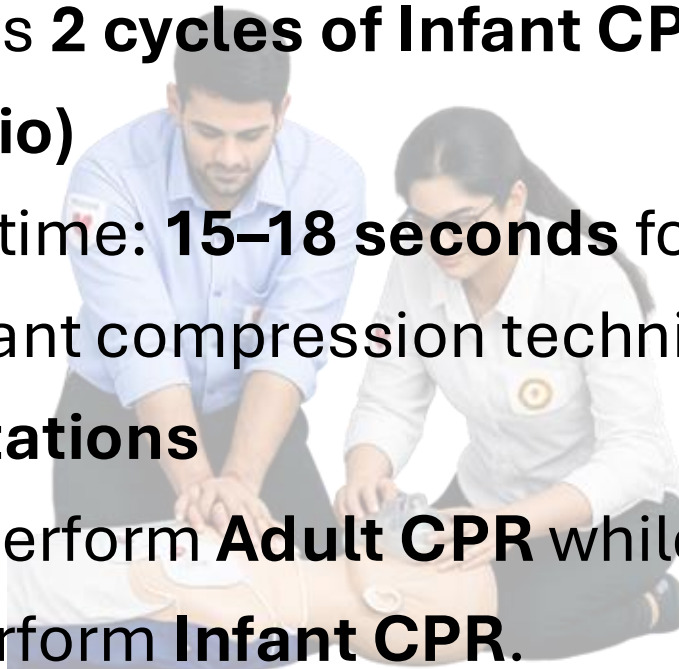
Target completion time: **15–18 seconds** for 2 cycles.

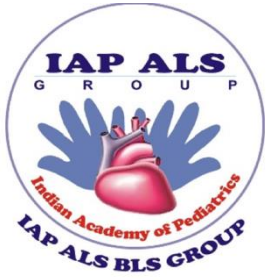
Ensure correct infant compression technique and ventilation.

4. Simultaneous Skill Stations

Two participants perform **Adult CPR** while two participants simultaneously perform **Infant CPR**.

The next participants should remain ready in line for immediate rotation.



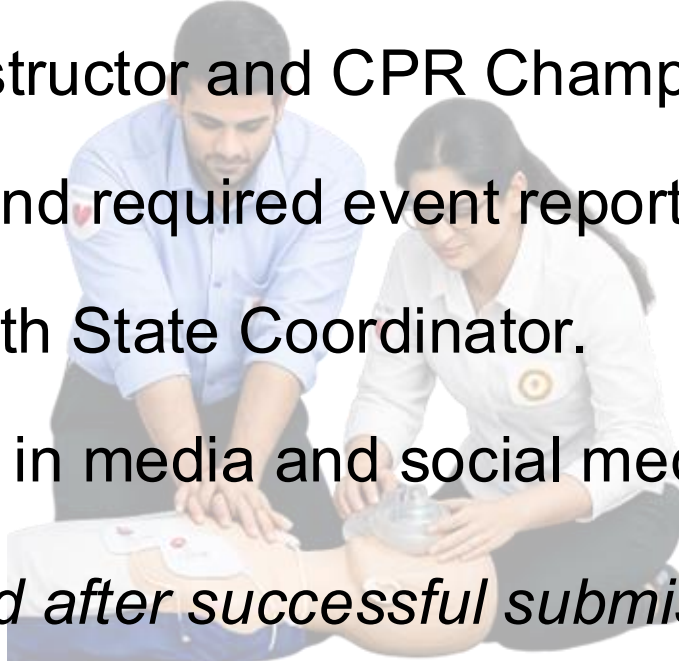


Post event responsibilities

After completion of the programme:

- Complete the participant registration cum attendance Excel sheet including names of Instructor and CPR Champions in standard format
- Upload photographs and required event report.
- Confirm completion with State Coordinator.
- Share success stories in media and social media.

Certificates will be generated after successful submission and verification of participant details.

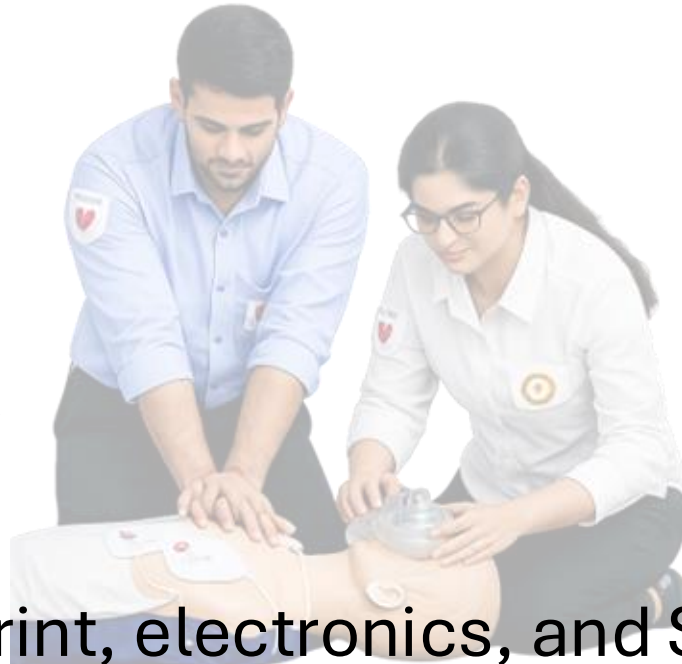


Advocacy

How to increase the number of courses and Participants

Communicates with

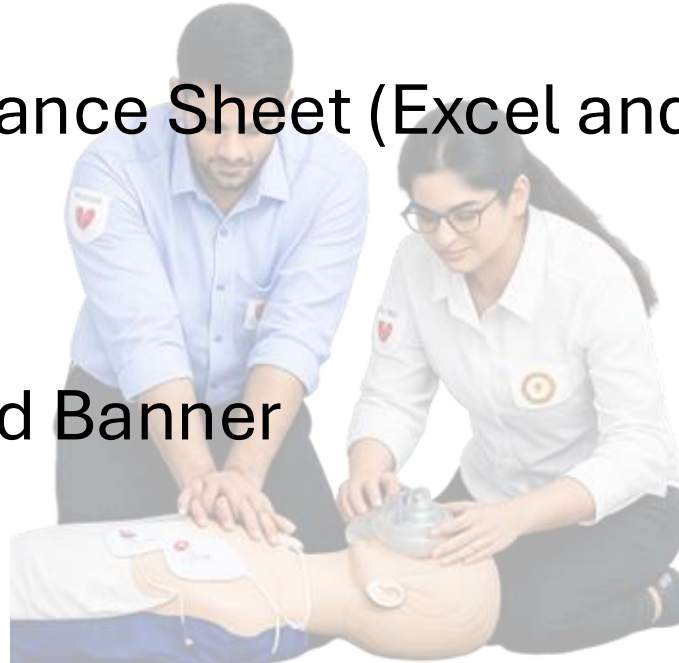
- Institutes
- Organizations
- Colloques
- Institutional advocacy



Spread awareness by print, electronics, and Social Media

Necessary annexures will be made available on the CPR Community

- CPR Day SOPs
- Participants Attendance Sheet (Excel and word)
- Scientific Poster
- Scientific Standi and Banner
- CPR Badge
- Certificates





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